

Health Care Employers Should Prepare for Overtime Changes



By Gary M. Sanderson

Health care employers are increasingly facing liability for failing to pay workers overtime wages as required by federal law. In recent cases across the country, courts have ruled that hospitals owed health care employees significant amounts of money for overtime pay violations, including: a California hospital owing workers \$1.08 million, a Houston hospital owing employees \$4 million; and a Lehigh Valley hospital owing workers \$4.5 million.

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Opening Coronary Chronic Total Occlusions — The Final Frontier in Interventional Cardiology



By Catalin Toma, M.D. and Conrad Smith, M.D.

When I first met Mr. Dennis Polega, a 49 year old engineer from West Virginia, he was quite disappointed with the fact that he had to take a handful of pills daily

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Timeless Fundamentals For Ever-Changing Social Media

By Maria T. Brady



Social media is a vast frontier of unprecedented opportunity. This newfound avenue is communication worlds where businesses can grow exponentially, singers become overnight sensations or a reputation can be tarnished. Embracing social media has advantages and

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When Should a Physician Hire Personal Counsel in a Medical Malpractice Matter?



By Maraleen D. Shields

Pennsylvania law requires physicians to maintain at least \$500,000 in primary professional liability insurance coverage. The Medical Care Availability and Reduction of Error (MCARE) Fund then adds an additional \$500,000 in excess coverage. When a

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You're Not Alone! Tackling the 'Burden of Care' with a Team and Technology

By Jason Goldberg

Caring for an aging loved one often becomes difficult for the caregiver as one begins to deal with the stress of constantly managing frequent doctor's visits, work/life balance and the frustration our loved one's deal with facing illness and complications.

The combined emotional and financial toll is not to be taken lightly.

An estimated 44.4 million caregivers in the United States, representing 21 percent of the adult population, provide free care to their loved ones.

The cost of this care has been valued at an estimated 257 billion dollars.

With the majority of these caregivers working either full-time or part-time jobs as well, these caregivers often sacrifice work to tend to their loved ones.

This 'absenteeism' — time missed from work to provide their caregiver responsibilities — costs their employer's an estimated 5 billion dollars annually

There are solutions out there combining caring support with health monitoring that have shown to be a tremendous help and benefit to not only the loved one suffering but the caregiver who often shoulder's the responsibility.

Home care is often looked at as a trusted partner in managing our aging loved one's struggles.

Home care can deliver the professional clinical support and guidance with the compassion we would dedicate ourselves.

These are often critical elements in assisting our loved ones in managing long term care plans which often change as more complications arise and more specialists become involved.

The one question that still haunts any caregiver is — what should I do when I'm not there?

Seeking services from Home care is a very important step that helps, but what happens in between home care visits or home care telephone follow up calls?

At the end of the day, there are gaps in care that naturally occur when we are unable to be with our loved ones.

Technology solutions such as Remote Health Monitoring (RHM) provide the last piece of the puzzle to complement personal and professional care support.

Let's start with a quick definition. Remote health monitoring is a tool — hardware and software — that enables healthcare monitoring of individuals outside clinical settings such as doctors' offices and hospitals.

This provides healthcare monitoring where it is most convenient for the individual, in their home.

This technology-based solution allows individuals to communicate their various vital sign measurements (such as, heart rate, blood pressure, weight, among others) directly to personal or professional caregivers.

By combining a simple-to-use and easy-to-implement technology solution with home care support, caregivers have a winning combination in their job of managing aging loved ones struggling with various illnesses and managing chronic conditions.

Through better management of healthcare outcomes, reductions in hospital re-admissions result in significant healthcare savings and improved personal satisfaction.

By being proactive about managing healthcare, RPM helps to manage valuable clinical resources more cost effectively and improves care coordination, streamlining sharing of valuable information across the entire care team which includes the personal caregiver.

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Kane Scott Memory Care Unit Opening July 2014

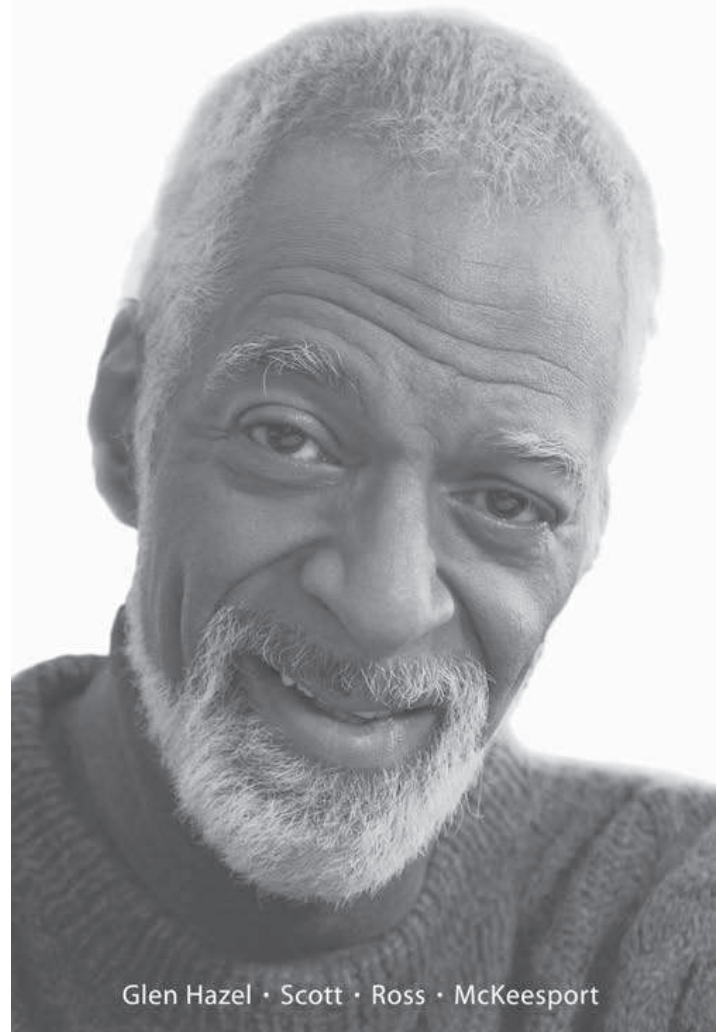
Caring for seniors with dementia requires much more than a nursing home. That's why Allegheny County's Kane Scott is opening a specialty unit to serve Alzheimer's patients and other seniors who require compassionate, comprehensive memory care. With 45 Medicaid-approved beds, a safe, secure memory unit and board-certified geriatric psychiatrists, the new unit provides a thorough assessment, diagnosis and individualized, goal-oriented treatment.

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